

NAR-ANON MEETINGS**SUPPORT GROUP FOR FAMILIES AND FRIENDS AFFECTED BY A LOVED ONE'S DRUG ADDICTION**

NAR-ANON HELPLINE

TEL < +27 (0) 88 129 6791 >

NAR-ANON SOUTH AFRICA : www.naranon.org.zaeMAIL : serenity@naranon.org.zaWORLD SERVICE OFFICE (WSO) : www.nar-anon.org

Updated: 27 September 2022

DAY	SUBURB	TIME	ADDRESS	TELEPHONE
CAPE TOWN				
* Monday (The Liberty Group)	Durbanville	20:00 till 21:00	Uniting Presbyterian Church, Louw Street, Durbanville, Cape 7551, Western Cape, South Africa. (Entrance in Hafele Road)	+27(0) 83 256 0270 Sandra
* Monday	Lansdowne	19:30 till 20:30	3 Carwell Road, Lansdowne, Western Cape	+27(0) 83 701 5525 Soraya +27 (0)73 175 5495 Estelle
* Wednesday (Easy Does It Group)	Grassy Park	20:00 till 21:00	St Clements School, Cnr Lake Road and 7th Avenue Lotus River, Cape 7941, Western Cape, South Africa.	+27(0) 67 185 2420 Deon +27(0)71 055 3900 Anthea
* Thursday (Step by Step Group)	Bellville	20:00 till 21:00	Bellville Presbyterian Church, Upstairs, Lingen Street, Off Davies Avenue, Bellville, Cape 7530, Western Cape, South Africa.	+27(0) 74 976 0930 Zaakirah
* Saturday	Central	17:00 till 18:30	St Barnabas Anglican Church cnr Kloof Nek Road and Camp Street Cape Town	+27(0) 82 396 0655 Joy
GAUTENG REGION				
* Tuesday	Carltonville	18:00 till 19:00	Unshakeable Church 10 Pewter Place, Carletonville	+27 (0)82 544 0312 Chrisna
* Thursday	Bryanston	19:30 till 20:30	Bryanston Methodist Church 115, 117 Grosvenor Road, Bryanston	+27 (0)83 679 0589 Milena
KWA-ZULU NATAL				
* Monday	Berea	19:00 till 20:00	Umbilo Methodist Church, 55 Bartle Road	+27 (0)83 454 9656 Ronel
Monday	Phoenix			
NARATEEN:				
Sunday Online Zoom	Online Zoom Meeting	18:00 till 19:00	On request - phone for further information	+27(0) 83 679 0589 Milena +27 (0) 84 604 0707 Debrah
*	<i>Indicates when there is a Narcotics Anonymous (NA) meeting held simultaneously at the same venue</i>			
<i>Family members, visitors and observers are invited to attend Open NA Meetings which are held during the month. Please ask your Chairperson or a member of Narcotics Anonymous (NA) for these dates.</i>				

NARCOTICS ANONYMOUS (NA) HELP-LINE: +27 (0) 88 130 0327 - www.na.org.za