

NOTE: NAR-ANON's ON-LINE WEB BASED SERVICE UTILISE ZOOM SOFTWARE. PLEASE DOWLOAD THE FREE SOFTWARE TO YOUR PC OR CELL USING THE LINK BELOW. FOR USE ON A STANDALONE PC, YOU REQUIRE SPEAKERS AND A MICROPHONE (CAM OPTIONAL) TO FULLY ENJOY THE FULL FUNCTIONALITY.

<https://zoom.us/download>

**NAR-ANON MEETINGS
ON-LINE**

SUPPORT GROUP FOR FAMILIES AND FRIENDS AFFECTED BY A LOVED ONE'S DRUG ADDICTION

NAR-ANON HELPLINE :

TEL < +27 (0) 88 129 6791 >

NAR-ANON SOUTH AFRICA : www.nar-anon.org.za

eMAIL : serenity@nar-anon.org.za

WORLD SERVICE OFFICE (WSO) : www.nar-anon.org

Updated : 23-Mar-2020

DAY	SUBURB	TIME	ADDRESS	TELEPHONE
Tuesday	On-Line Meeting ZOOM https://zoom.us/support/download	19:15 for 19:30 till 20:30	Download the software to your device, get the meeting ID or Link detail from the Organiser and join. PC requires speaker / microphone.	+27(0) 83 453 1545 (Mark)
Wednesday	On-Line Meeting ZOOM https://zoom.us/support/download	19:15 for 19:30 till 20:30	Download the software to your device, get the meeting ID or Link detail from the Organiser and join. PC requires speaker / microphone.	+27(0) 83 679 0589 (Milena)
Thursday	On-Line Meeting ZOOM https://zoom.us/support/download	19:15 for 19:30 till 20:30	Download the software to your device, get the meeting ID or Link detail from the Organiser and join. PC requires speaker / microphone.	+27(0) 83 679 0589 (Milena)
Saturday	On-Line Meeting ZOOM https://zoom.us/support/download	16:45 for 17:00 till 18:30	Download the software to your device, get the meeting ID or Link detail from the Organiser and join. PC requires speaker / microphone.	+27(0) 82 533 8302 (Brendon)

Family members, visitors and observers are invited to attend Open NA Meetings which are held during the month. Please ask your Chairperson or a member of Narcotics Anonymous (NA) for these dates.

NARCOTICS ANONYMOUS (NA) HELP-LINE: +27 (0) 88 130 0327 - www.na.org.za